Sarah is a seasoned, practical, and business-focused lawyer and executive with extensive knowledge in business law, corporate governance, privacy, and strategic development in both the public and private sectors. She also has expertise in risk management and stakeholder relations. Sarah is currently a consultant providing legal and governance advice to a broad range of clients.

Sarah holds a Bachelor of Arts from Simon Fraser University and a Bachelor of Laws from the University of Manitoba. She earned her ICD.D designation through the Institute of Corporate Directors/ Beedie School of Business and her CIC.C designation following her studies at the Rotman School of Management/CCCA.

Sarah is a member of the Board of Directors of the FJL Housing Society and Arts Umbrella. She previously sat on the Boards of the Vancouver Foundation and United Way and chaired the Governance Committees for both organizations.